

CHRISTIAN CITY

Your partyline connection!

September 2026, Senior Living Newsletter



Ageless Artistry Art Show

Life at Christian City offers many opportunities to build community and strengthen both body and soul. Last month, art took center stage as the Ageless Artistry Art Show celebrated the work of more than a dozen resident artists.

The show featured an inspiring variety of creative expression, including wood sculpture, quilting, acrylic and oil painting, jewelry, art journaling and more. For many of the artists, creating art is about more than making something beautiful — it is a source of purpose, comfort and healing during difficult seasons of life.

Perhaps the most surprising connection came when the daughter of one participating artist realized that another artist in the show had once been her art teacher at school. It was a beautiful reminder that art has a special way of connecting generations, creating memories and bringing people together.





one home many cultures

a Multicultural Event
Friday, September 18 | 3PM
 Join us at the Rec Center to learn about
 and celebrate our many cultures and
 backgrounds.

Sign Up: Contact Tyler
 770-703-2730 or
tgarcia@christiancity.org

POTLUCK:
 bring a dish
 of your
 country.



**ADDITIONAL DATE
ADDED**



FARMERS MARKET



**MONDAY,
SEPTEMBER 21
11AM - 3PM**

**WELCOME CENTER
PARKING LOT**



**FRESH, LOCAL,
AFFORDABLE
PRODUCE!**



**TERRY CHAPMAN
DAY of SERVICE
at CHRISTIAN CITY**

FRIDAY, SEPTEMBER 25

Come out and join us as we work around campus,
 celebrating the memory of a man who gave so
 much to Christian City.

To volunteer: email Elizabeth Mansour
emansour@christiancity.org



GRACELAND Thrift Store

at Christian City

Thank you for a great Customer
 Appreciation Day turnout! We raised over
 \$5,000 and served 230 complimentary
 hot dog meals.

SAVE THE DATE
Annual Fall Festival
Saturday, November 14 | 10am-3pm
 Our Amazing **CHRISTMAS SHOP** opens as well.



Living a Healthy Life with Chronic Conditions

Chronic Disease Self-Management Program

**Feel better. Be in control.
Do the things you want to do.**

Join this six-week evidence-based program to help you gain control over your health and improve your quality of life. This is a free program provided by a federal grant through the Administration for Community Living. Class begins September 15!

Tuesdays, beginning September 15, from 10am-12:00pm
John Sparks Manor Community Room

Topics covered include:

- Making weekly action plans, sharing experiences, and helping each other solve problems they encounter in creating and carrying out their self-management program
- Decision-making and problem-solving skills
- Techniques to deal with emotional problems such as frustration, stress, fatigue, isolation
- Fatigue and sleep management
- Management of pain
- Developing an appropriate exercise plan for maintaining and improving strength
- Appropriate use of medications
- Communicating effectively with family, friends and health professionals
- Nutrition and healthy eating
- How to evaluate and make informed treatment decisions

*Class size limited to 15 participants.
JSM residents call Nakia to sign up.
Patio Home residents call Tyler.*

Avoid The Flu!

AND MORE!

CVS

AT REC CENTER
THURSDAY,
SEPT 24

9:30 AM – 1:30 PM

VACCINES:

Flu, RSV, Shingles
Pneumonia

**USE THE
QR CODE
TO SIGN UP
BY SEPT 18.**



Need help? Contact Tyler
or your Service Coordinator

DRIVER SAFETY

AARP Real Possibilities

SMART DRIVER CLASS

Tuesday,
October 13
9am-3pm

**\$20/MEMBERS
\$25/ NON-
MEMBERS**

- Defensive driving techniques
- New traffic laws & rules of the road.
- NO TESTS!

**PRE-REGISTRATION
REQUIRED TO**

TYLER:
770-703-2730
tgarcia@christiancity.org

**GOOD
FOR
INSURANCE
DISCOUNT**



SUNDAYS

2:30 **Campus-wide Worship Service, SI Aud.**

MONDAYS

10:00 **Line Dancing** (*except the 7th*)
 10:00 **Bocce**
 11:00 **EBC Bible Study, Mt. Carmel Chapel**
 1:30 **Geri-Fit**

TUESDAYS

1:00 **Tai Chi**
 1:30 **Chaplain Bible Study, MCC**
 4:00 **LMM Bible Study, LMM Comm. Room**

WEDNESDAYS

11:00 **Bible Study, Mt. Carmel Chapel**
 12:00 **Men's Pool Group**
 1:30 **Geri-Fit**
 2:30 **Bingo**
 3:30 **Rummikub**

THURSDAYS

10:00 **Tech Thursdays***
 11:00 **Tai Chi** (*except the 10th and 24th*)
 1:00 **Silver Sneakers**
 5:30 **Shuffleboard and Cornhole**

FRIDAYS

12:00 **Line Dancing** (*except the 25th*)
 1:30 **Geri-Cardio**
 2:30 **Pool Group**



All programs are at the Recreation Center unless otherwise noted.



If you have questions about these programs or want to suggest others, contact Tyler at **770-703-2730** or **tgarcia@christiancity.org**



*** Tech Thursdays:** You must sign up ahead of time by calling 770-703-2730 for one-on-one help with any technology product.

LEGEND: JSM - John Sparks Manor
 LMM - Larry Moore Manor
 MCC - Mt. Carmel Chapel
 SI - Sparks Inn Assisted Living
 WC - Welcome Center

OPPORTUNITIES FOR WEEKLY BIBLE STUDY

Mondays

Elizabeth Baptist Church Bible Study
 MCC at 11am

Tuesdays

Chaplain Bible Study • MCC at 1:30pm

Tuesdays

Larry Moore Manor Bible Study
 LMM Community Room at 4pm

Wednesdays

Bible Study • MCC at 11am

JOIN YOUR NEIGHBORS!

September 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30	31	1	2	3 12:00 - JSM Bible Study , JSM Craft Rm	4	5
6	7 LABOR DAY	8	9	10 12:00 - JSM Bible Study , JSM Craft Rm	11	12
13	14	15 10:00-12:00 - Living A Healthy Life with Chronic Conditions , JSM Comm. Room	16	17 3:30 - Service of Remembrance , Sparks Inn Aud.	18 3:00-5:00 - Multi-cultural Event : see ad on page 2	19
20	21 11:00-3:00 - Ooowee Fresh Farmers Market , WC Parking Lot: see ad on page 2	22 10:00-12:00 - Living A Healthy Life w/ Chronic Conditions , JSM Comm. Room 1:00 - Resident Council , WC Chapel 2:00 - Town Hall w/CEO Keith Horton , WC Chap.	23	24 9:00-1:00 - Flu Shot Clinic with CVS : see ad on page 3	25 Terry Chapman Day of Service 6:00 - Monthly Birthday Party Potluck	26
27	28 CFA Chicken Biscuit preorders , \$3.50 by phone 770-703-2730	29 9:00-9:30 - CFA Chicken Biscuit pickups , WC Lobby 10:00-12:00 - Living A Healthy Life w/ Chronic Cond. , JSM Comm. Room	30	1	2	3

TOWN HALL

WITH CEO
KEITH HORTON

**TUESDAY
SEPT. 22
2PM
WC CHAPEL**



OPEN SWIM TIME

Tuesdays & Thursdays from 2-7pm starting July 2

The pool will be open at the regular time of 8am, but will close on Tuesdays & Thursdays from 12-2pm to give the Aquatics Director a break on those days.

MONTHLY BIRTHDAY POTLUCK

Friday,
Sept. 25
6pm
Rec Center



Have Questions? Ask Tyler: 770-703-2730 or tgarcia@christiancity.org

Volunteer of the Month *x2*

John Soles

Mr. John Soles has been volunteering at Christian City since 2019. He lends a helping hand at Graceland Thrift Store in the knick-knack department. If you purchase an appliance, tools, or anything electronic, Mr. John has laid his hands on it to make sure you are getting a working product. He also likes to hand out nicknames and always has a smile on his face when customers come by to see him in "his area." Christian City is so grateful to Mr. John for his years of service helping to make a difference at Christian City.



Miriam King

Miriam King was once - not so long ago - employed at Christian City. Apparently, she enjoyed those working years so much that when she retired, she immediately became a volunteer for the Spiritual Care office. Then, Miss Miriam decided to move to Christian City, becoming a resident along with her lovely sister Patty. To say the least Miriam is a committed member of the community, always giving to Christian City. In her volunteer capacity, Miriam assists with Bible Studies and visits residents, touching the hearts of many and bringing love and joy to all she comes in contact with. To know her is to love her;



she will hug you, love you, and even sing to you. Thank you for your giving heart, Miss Miriam.



Best Wishes for a Happy Retirement to Lisa Tolleson!



RESIDENT REQUESTS



Do you need help around your home?

REACH OUT TO ELIZABETH at emansour@christiancity.org

Volunteers will be here to help on Friday, September 25.

OVERCOMING SUICIDE:

SUICIDE PREVENTION

IN-PERSON SEMINAR

WEDNESDAY, SEPTEMBER 9TH

3:30 PM

IN THE MT. CARMEL CHAPEL

PRESENTED BY:

nami
National Alliance on Mental Illness

7300 LESTER RD. • UNION CITY, GA 30291

PASTOR PAUL KINNEY
CHIEF SPIRITUAL OFFICER

PASTOR ROBERT STANLEY
BOARD CERTIFIED CHAPLAIN



PHILANTHROPY corner



We had an overwhelming response to school supplies donations and our Children's Village youth are back in school with the tools they need to be successful! Thank you to everyone who earned chips in August.



Although the weather doesn't feel like it, Christmas is right around the corner and so is our annual Christmas Star Run which is Saturday, December 5. We will be decorating for the event and the holiday season at our Terry Chapman Day of Service this month. **Residents can earn a Count Me In chip by donating Christmas lights in the month of September.** If you would like to make a donation of lights, please use the QR code at the right to order them from Amazon. You can also go to this link to order them: <https://tinyurl.com/ccity26list> We are trying to use all solar powered lights to save on energy costs and avoid so many extension cords!

Residents can also earn a CMI chip by participating in our Terry Chapman Day of Service on September 25. Contact Elizabeth Mansour at emansour@christiancity.org for more information.

Your participation in our Count Me In program is a vital part of our campus life whether it be through participating in group activities and community service or financially supporting Christian City's work. No contribution goes unnoticed and no amount is too small! Make a one-time gift to earn a CMI chip or become a GEM (Gives Every Month) and earn two CMI chips! Contact Lissa Rand at 770-703-2614 for more information about the Count Me In/Chip In program and making a donation.



Amazon
QR Code



The Chaplain's Office

Harvesting God's Faithfulness



"Give thanks to the Lord, for He is good; His love endures forever." — Psalm 107:1

As September arrives, we begin to see signs of transition. The days slowly become shorter, the warmth of summer begins to fade, and the promise of autumn appears on the horizon. In many ways September is a season of harvest, a time to gather the fruit that has grown through months of planting, watering, cultivating, and patiently waiting. Our spiritual lives are much the same. Throughout the years, God has planted seeds of faith, hope, love, and wisdom within us. Through seasons of joy and sorrow, abundance and difficulty, God has faithfully nurtured us. As we enter this new season, September gives us an opportunity to pause and remember all that God has done. The psalmist declares: **"Let us give thanks to the Lord for His unfailing love and His wonderful deeds for mankind."** — Psalm 107:8 When we look back over our lives, we can see evidence of God's faithfulness. There were times when we did not know how things would work out, yet God provided a way. There were moments when we felt weak, but He gave us strength. There were seasons of grief when His presence became our comfort. Through every changing season, God has remained faithful. Perhaps one of the greatest blessings of growing older is the ability to look back and recognize God's fingerprints throughout our journey. We have stories to tell, lessons to share, and testimonies that can encourage generations coming behind us.

September invites us to slow down and count our blessings. Before rushing into the next season, take a moment to look back and see how far God has brought you. Every

season has produced something valuable. Your experiences have developed wisdom. Your challenges have strengthened perseverance. Your relationships have produced memories. Your faith has produced a testimony. You may not be able to do everything you once did, but God still has purpose for your life. There is still a harvest to gather and a testimony to share. **Psalm 92:14** offers this beautiful promise concerning those who continue to trust God: *"They will still bear fruit in old age; they will stay fresh and green."* As we enter the fall season, may we harvest not only the blessings God has given us, but also the memories of His faithfulness. May we continue to sow seeds of kindness, faith, encouragement, and love wherever God has placed us.

Gracious and Faithful God, Thank You for bringing us through every season of our lives. Thank You for the blessings we have received, the lessons we have learned, and the people You have placed along our journey. Help us to recognize Your faithfulness in both the great and the small moments of life. As we enter a new season, remind us that our lives still have purpose. Help us share our wisdom, encourage others, and continue bearing fruit for Your kingdom. May our lives become living testimonies of Your goodness and grace. In Jesus' name, Amen.

"When I look back over my life, where do I see God's faithfulness, and how can I share that testimony with someone else?"

Grace and Peace, Chaplain Paul

Paul Kinney, Chief Spiritual Care Officer, may be reached at 770-703-2670 or pkিনney@christiancity.org

REMEMBRANCE
SERVICE

Thursday, September 17
3:30 pm
Sparks Inn Auditorium