

CHRISTIAN CITY

Your partyline connection!

March 2025, Senior Living Newsletter



A Soulful Celebration

Christian City went back “A Moment in Time” to mark Black History Month in February. The Sparks Inn Auditorium was packed with over 177 people for the program of narration and performance that took the audience on a journey from the 1600s to the present. The Frank Bailey Senior Center Choir joined us as well as trumpeter Nelson Render, whose father Bobby is a resident of Sparks Inn. Our very own Anointed Voices Choir, whose members all live in the Assisted Living or Skilled Nursing centers, added their voices. Whether you were a participant or a member of the audience, the most fun was, perhaps, the soul train line! Each contributor honored the strength, resilience and spirit of those who came before us and whose stories continue to inspire.



Resident Requests

Need help around the house? Our volunteers love helping our residents with household tasks that might be difficult (or dangerous!) for you to do on your own.

Things like:

- hanging curtains
- hanging pictures
- cleaning indoors
- organizing
- yardwork
- and more!

Got questions or want to schedule some help? Call Elizabeth Mansour at 678-466-1093 or email her at emansour@christiancity.org

Creation and Contemplation

March 18 | 10 am
Welcome Center

Walk the new Southwest
Christian Care nature path
and enjoy a time of devotion
with the Spiritual Care team.

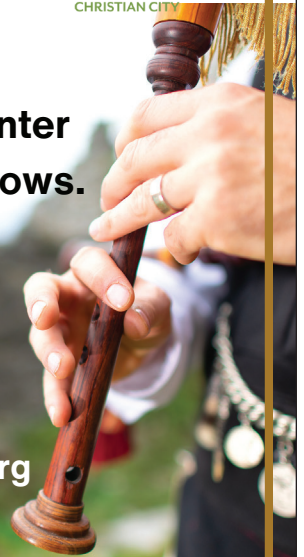
Tartan in Bloom

Enjoy the sounds
of the bagpipe
with
Bradford Beaton



Thursday, March 20
4 p.m. | Welcome Center
Coffee & Dessert follows.

Reservations required.
RSVP to Tyler
770-703-2730
tgarcia@christiancity.org
by Monday, March 17.



Time to Dig
in the Dirt

Garden Members:
Mandatory Meeting

Monday, March 17 at 3pm
Recreation Center



Come and meet the
other gardeners,
receive your plot
assignment and
review our
community garden
guidelines and more!

CLINIC
OPEN
EVERY OTHER
FRIDAY
on campus!

To make an appointment:
678-364-4422

March 14 & 28
Walk ins welcome.



Most insurance accepted.

Got Clutter?



Clean it out
and the
Graceland
Truck
will come
pick it up.
April 30



Our Campus Neighbors

HAPPENING AT TWO SPARROWS VILLAGE

Did you know that Americans with disabilities have a significantly higher obesity rate than the typical American? Within the IDD (Intellectual and Developmental Difference) population, inactivity, limited access to healthy foods, lack of knowledge, and poor diet contribute to weight gain and its causal health challenges.

The residents and participants at Two Sparrows Village don't accept these odds sitting down. The staff and support of Christian City provide an active, healthy lifestyle. In March



the residents will enjoy fitness center outings, dance and culinary classes, workouts with professional fitness instructors, Chair One fitness, and yoga with our resident's concierge Jana Realbuto.

In addition to these activities, well-planned grocery outings are a part of the residents' weekly duties. They are learning how nature packs

fresh, whole foods with macro and micronutrients while processed foods are packed with sugar, sodium, preservatives, and additives. If you need some tips for healthy meals on a budget, we've got you covered!

Two Sparrows Village at Christian City is a pilot independent living program for adults with IDD. It now includes a day program as well as the original residential program.



HAPPENING IN THRIVE

Asia had been in and out of foster care for years before finding herself homeless and living on the streets. Wanting to turn her life around, she applied for the Thrive program in 2023. The referral and background check process were not favorable. She had stolen food – more than once. Vasheta Prather, our Thrive program manager, met with her. Asia was desperate. She needed a safe place to live and get her life together.

Vasheta listened as Asia told her story and spoke about her desire for a different life. Vasheta said a prayer and accepted Asia into the program in December 2023. Since then, she has completed her high school diploma, obtained her driver's license and a forklift certification, and secured a permanent full-time job. In January, she received her second work promotion.

Asia is a very hard worker and a determined young woman. Her "unfavorable" background was the result of being a kid on her own, living on the streets and trying to survive. Since Vasheta welcomed her into our program, she has been a joy to watch as she grows and, yes, thrives.

Thrive is a program of the Christian City Children and Family team. It helps homeless young adults, 18-24 years old, successfully launch into adult life.

Our Neighbors: Union City

RECOGNIZED

**Visionary City
Award**

City of Civility

Recognized as the fastest-growing city in Georgia and the 4th fastest-growing suburb in the nation, Union City is experiencing a period of remarkable change. The City is making substantial investments in new parks, expansive greenway trails, affordable housing, and upgraded infrastructure to enhance quality of life opportunities for its residents.

LEARN MORE [UNIONCITY.ORG](https://unioncity.org)

March 2025

Sunday	Monday	Tuesday	Wednesday
2 2:30 Campus-Wide Worship Service, <i>SI Auditorium</i>	3 10:00 Line Dancing 10:00 Bible Study, <i>Mt. Carmel Chapel</i> 11:00 Bocce 1:30 Geri-Fit	4 10:00 Tech Tuesdays * 11:00 Bible Study * 1:00 Tai Chi 2:00 Silver Sneakers 3:00 Bingocize, <i>GMM Comm Rm</i> 4:00 LMM Bible Study *	5 9:30 Women's Bible Study, <i>Rec. Center</i> 11:00 Bible Study * 11:00 Ash Wednesday Service, <i>Mt. Carmel Chapel</i> 12:00 Men's Pool Group 1:30 Geri-Fit 2:00 Swinging Old Dudes * 2:30 Bingo 3:30 Rummikub
9 2:30 Campus-Wide Worship Service, <i>SI Auditorium</i>	10 10:00 Line Dancing 10:00 Bible Study, <i>Mt. Carmel Chapel</i> 11:00 Bocce 1:30 Geri-Fit	11 10:00 Tech Tuesdays * 11:00 Bible Study * 1:00 Tai Chi 1:30 Mobile Chiro., <i>JSM</i> 2:00 Silver Sneakers 3:00 Bingocize, <i>GMM Comm Rm</i> 4:00 LMM Bible Study *	12 11:00 Bible Study * 12:00 Men's Pool Group 1:30 Geri-Fit 2:00 Swinging Old Dudes * 2:30 Bingo 3:30 Rummikub
16 2:30 Campus-Wide Worship Service, <i>SI Auditorium</i>	17 10:00 Line Dancing 10:00 Bible Study, <i>Mt. Carmel Chapel</i> 11:00 Bocce 1:30 Geri-Fit 3:00 Mandatory Garden Club Meeting	18 10:00 Tech Tuesdays * 10:00 Creation & Contem- plation (<i>meet at WC</i>) 11:00 Bible Study * 1:00 Tai Chi 2:00 Silver Sneakers 3:00 Bingocize, <i>GMM Comm Rm</i> 4:00 LMM Bible Study *	19 9:30 Women's Bible Study <i>Rec. Center</i> 11:00 Bible Study * 12:00 Men's Pool Group 1:30 Geri-Fit 2:00 Swinging Old Dudes * 2:30 Bingo 3:30 Rummikub
23 2:30 Campus-Wide Worship Service, <i>SI Auditorium</i>	24 CFA Biscuit preorders * 10:00 Line Dancing 10:00 Bible Study, <i>Mt. Carmel Chapel</i> 11:00 Bocce 1:30 Geri-Fit	25 9:00 CFA Bisc. p/up, <i>WC</i> 10:00 Tech Tuesdays * 11:00 Bible Study * 1:00 Tai Chi 1:00 Resident Council, <i>WC Chapel</i> 2:00 Silver Sneakers 3:00 Bingocize, <i>GMM Comm Rm</i> 4:00 LMM Bible Study *	26 11:00 Bible Study * 12:00 Men's Pool Group 1:30 Geri-Fit 2:00 Swinging Old Dudes * 2:30 Bingo 3:30 Rummikub
30 2:30 Campus-Wide Worship Service, <i>SI Auditorium</i>	31 10:00 Line Dancing 10:00 Bible Study, <i>Mt. Carmel Chapel</i> 11:00 Bocce 1:30 Geri-Fit	1	2

- All programs are at the Recreation Center unless otherwise noted.
- Is there a program you want to see?! Contact Tyler at 770-703-2730 or tgarcia@christiancity.org with your suggestions and requests.

Thursday	Friday	Saturday
6	7	1
10:00 Chair Yoga 11:00 Bible Study * 1:00 Tai Chi 2:00 Silver Sneakers 4:00 Catholic Service, Mt. Carmel Chapel	12:00 Line Dancing 1:30 Geri-Cardio 2:00 Slater Jackson, SI Aud. 2:30 Pool Group	8
13	14	15
10:00 Chair Yoga 11:00 Bible Study * 1:00 Tai Chi 2:00 Silver Sneakers	SRMC Clinic Open! Call 678-364-4422 for appt. 12:00 Line Dancing 12:00 JSM Bible Study, JSM 2:00 Slater Jackson, SI Aud. 2:30 Pool Group	
20	21	22
10:00 Chair Yoga 11:00 Bible Study * 1:00 Tai Chi 2:00 Silver Sneakers 4:00 Sounds of the Seasons: Tartan in Bloom (WC; must RSVP to Tyler, see ad - pg. 2)	12:00 Line Dancing 12:00 JSM Bible Study, JSM 1:30 Geri-Cardio 2:00 Slater Jackson, SI Aud. 2:30 Pool Group	
27	28	29
10:00 Chair Yoga 11:00 Bible Study * 1:00 Tai Chi 2:00 Silver Sneakers	SRMC Clinic Open! Call 678-364-4422 for appt. 12:00 Line Dancing 1:30 Geri-Cardio 2:00 Slater Jackson, SI Aud. 2:30 Pool Group	
3	4	5

*** TUESDAYS:**

Sign up by calling 770-703-2730 for 1:1 help with any technology product.

*** TUESDAYS:**

LMM Bible Study is in the LMM Community Room.

*** TUES./WED./THURS.:**

Bible Study is in the Mt. Carmel Chapel

*** TUESDAY, FEBRUARY 24TH:**

Chick-fil-A Chicken Biscuit preorders \$3.50 by phone to 770-703-2730.

*** WEDNESDAYS:**

2:30 - Swinging Old Dudes is in the SI Auditorium

Contact Campus Patrol for emergency maintenance requests when office is closed.

LEGEND:

HV - Harper Valley;
DC - Dogwood Circle;
AP - Autumn Place;
HA - Hilltop Acres;
LMM - Larry Moore Manor;
JSM - John Sparks Manor;
GT - Garden Terrace;
GMM - Gene Miller Manor

Staff and Residents Say: *Count Me In!*

Christian City's annual **Count Me In** bestowed a great birthday gift following a super, successful fundraising campaign.

We are thrilled to announce that the 2-week campaign raised \$5,199 for the freezer project, and the total giving from staff and residents for the year amounts to \$28,001! This is a significant increase over last year's totals! Thank you to everyone who contributed during our fundraising campaign and throughout the past year.

The campaign drew to a close on February 14 as Christian City celebrated its 60th birthday. Guests feasted on pizza, salad and birthday cake, and fun



door prizes were awarded. Proceeds from the 2-week campaign will go to repair and maintain the freezer at the Children & Family Program's food pantry. The food

pantry provides much-needed food for the Children's Village as well as the Thrive and Healthy Families programs.



The 2-week fundraising campaign from January 31 – February 14 kicked off with a party at the Rec Center that included the climax of our 2024 Chip-In program. Guests were treated to bags of potato chips and chocolate chip cookies as a tribute to the year-long Chip-In program. Staff and residents were able to turn in their collected chips for fun prizes



*Thank you for Supporting
Graceland Thrift Store and Christian City's Children & Family Programs*

STORE HOURS: Tuesday, Thursday & Saturday • 9:30am-2:30pm
GOODIE HOUSE HOURS: Thursdays: 10:30am-12pm

If you have clothing items, small appliances, and household items we ask that you please bring them to Graceland during our donation hours: Tuesday- Saturday from 9:30am-1:30pm.

Profits support Christian City's Children & Family Programs • 7425 Red Oak Rd • Union City, GA 30291 • 770-629-7718





or for raffle tickets. Residents won gift cards to Graceland, a free night's rental of the Delta cottage and a free day's rental of the Rec Center. Resident Vicki Crowell was the winner of the grand prize golf cart and staff member Dan Garrett won a free paid-time off day!



The CMI Chip-In program is in full swing. Last month's Party-line included the full calendar of events and service project listing for 2025. See the **Count Me In** Corner each upcoming month for reminders about the CMI Chip-In Program.



For March, staff and residents are asked to donate plastic eggs and candy for the Children & Family Programs annual Easter egg hunt.



A chip can also be earned by attending the Sounds of the Season program on March 20.

It's never too late to make a donation and no

amount is too small. Make a one-time gift or become a GEM (**G**ives **E**very **M**onth) and earn two CMI chips! Contact Lissa Rand at 770-703-2614 for more information about the **Count Me In**/Chip In program and making a donation.

Count Me In

Count Me In
Don't leave me out
I'll play my part
Without a doubt
Count Me In
I love to share
By helping those
That need my care
Count Me In
My Heart is willing
Helping out is self-fulfilling
COUNT ME IN
Courage Modesty Independence
We build for the little one
We give
Count Me In

-Claudia Daley, Gene Miller Manor Resident

Resident Claudia Daley was so moved by our campaign to harness the goodwill of staff and residents, that she wrote this poem. We thank her for sharing it!



**Christian City
cares** 

**Friday, March 28
10 a.m. - Noon**

Every month, our Healthy Families Program distributes food and shopping gift cards for Graceland. If you know someone who needs some help, please have them email or call:

(404) 868-0989

hfrefferrals@christiancity.org

The Chaplain's Office

March is a very busy yet meaningful month. We know Winter is coming to an end (hopefully) and Spring is just around the corner. We hear birds singing again, some flowers blooming, and trees budding. It means new life is here. Speaking of new life, our first daughter was born in March. We celebrate a lot in March.

Probably the best date in March is the 13th. Many may say, "13th is unlucky," but not for me. I know it worked out well for me. That is the date, after much prayer and seeking wise counsel, I finally got enough nerve to ask my wife to marry me. I decided on the perfect time to pop the question. I asked her at a 6:00 a.m. prayer meeting and she is not a morning person ... she is still not. However, she is a committed person and we will celebrate thirty-six years this July.

Everything is all about timing, we read in Galatians 4:4, *"But when the fullness of the time came, God sent His Son, born of a woman, born under the Law, so that He might redeem those who were under the Law, that we might*

receive the adoption as sons and daughters."

There is nothing like being part of a great family. Those of us who live and work at Christian City know that feeling. However, it doesn't compare to the feeling and knowledge that we are right with God and we are part of HIS GREAT FAMILY!

I pray you have made time for God in your life. If not, now is the time. There is no greater decision to be made.

I want to remind us all that we are blessed so that we will be a blessing!

*The Lord bless you, and keep you;
The Lord cause His face to shine on you,
And be gracious to you;
The Lord lift up His face to you,
And give you peace.' Amen.*

Numbers 6:24-26

God Bless you all,
Chaplain Randy



Randy Worrell, Chaplain and Spiritual Care Officer, may be reached at 770-703-2670 or rworrell@christiancity.org



Help and encouragement after the death of a loved one. GriefShare is a special weekly seminar and support group designed to help you rebuild your life. We know it hurts, and we want to help.
February 27 – May 15, 2025
Please contact the Spiritual Care Office at 770-703-2670 if you are interested in joining the class or need more information.



**SPIRITUAL CARE
OFFICE NEEDS
VOLUNTEERS**

to help with Sunday Worship
2:30-3:30 pm

**We need piano players and singers,
and volunteers to escort residents.**

**Contact Chaplain's office for details.
Kimberly.Bunch@pruitthealth.com**