

CHRISTIAN CITY

Your partyline connection!

April 2025, Senior Living Newsletter



Sweet New Neighbors Move In

In early March, tens of thousands of honeybees took up residence in the meadow between Dogwood and Hilltop, not far from Friendship Bridge. They were invited; brought to Christian City by Adrianne and James Hale, owners of Small Town Honey Company. The couple are students in the Cornell University master beekeeper program and are committed to imparting knowledge to the next generation of beekeepers.



For now the Hales will be the primary caretakers of bees, but plans are in the works to teach beekeeping to residents who are interested. The once-a-month programs about beekeeping are open to all interested residents. The first session is Monday, April 21 at 3 p.m. Contact Tyler for more information.



HIGHGROVE

Thanks to our landscapers, HighGrove Partners, the area around the hive will be gorgeous! HighGrove has graciously donated several flowering trees, lavender plants and wildflowers for the area. This generous donation will not only help to attract bees to our hive but will also add tremendous aesthetic value for all of us, especially residents who frequently walk along the Fellowship Bridge.



Happy bees make delicious honey, and we're hopeful our bees will soon produce enough honey for Graceland to sell.



WELCOME!



Richard LaJesse is the new supervisor for campus patrol. Originally from Dallas, he traces his family genealogy to the Comanche tribe.

An army vet, Richard has lived in Georgia since 1979. Richard and his wife Enkeleda have four children and live in nearby Riverdale.

Richard has served as a Deacon at Berea Christian Church for over 10 years and is now a member at Fayetteville Christian Church. He is also a certified Martial Arts instructor.

Volunteers Fuel Christian City!

Thank You

Christian City would like to thank all of our volunteers who do various tasks around campus. Without the love, support, and hard work from these volunteers our campus would not be able to thrive as it does.

Thank you for generously giving your time to support the mission of Christian City!

WELLNESS WEEK IS APRIL 21-25

Pool Reopens



The indoor pool at Christian City is open again to all residents Monday through Friday from 8 a.m. until 2:30 p.m. Free swim is 8-9 a.m. and 1:30-2 p.m.

Water aerobics classes begin at 9 a.m., 10 a.m. and 12:30 p.m. If you have questions, call 770-703-2627.



YOU'RE INVITED TO
THE WELLNESS WEEK

White Party



JOIN US FOR WELLNESS WEEK, APRIL 21ST - 25TH, AND HELP US WRAP IT UP WITH A FUN-FILLED WHITE PARTY ON APRIL 25TH! ENJOY MUSIC, REFRESHMENTS, AND FELLOWSHIP WITH NEIGHBORS. EARN RAFFLE TICKETS BY ATTENDING WELLNESS WEEK EVENTS FOR A CHANCE TO WIN PRIZES.

WEAR WHITE AND BRING YOUR BEST ENERGY!

BE ON THE LOOK OUT FOR MORE INFO ON WELLNESS WEEK AND A LIST OF ELIGIBLE EVENTS!

FOR MORE INFO, CONTACT AN APARTMENT RESIDENT SERVICES COORDINATOR OR TYLER GARCIA AT 770-703-2730.

APRIL 25, 2025

TIME: 1:00 PM - 3:00 PM

**CHRISTIAN CITY CAMPUS REC CENTER
TRANSPORTATION WILL BE PROVIDED**

CELEBRATE

Easter



with CHRISTIAN CITY!



Easter Program

3:00pm on Thursday, April 17

Sparks Inn Auditorium

If you are interested in delivering a brief monologue at the Easter Program, please contact Tyler.



Easter Sunday Worship

2:30 on April 20

in the Auditorium



Sounds of the
season

CHRISTIAN CITY

You're out of luck if you missed our Sounds of the Season in March! Christian

City welcomed Bagpiper Bradford Beaton. Those gathered enjoyed his engaging spirit and wealth of knowledge – not to mention the music. Afterward all gathered for delicious cake and coffee – and good company. Among the volunteers doing the serving were three of the young women in our Thrive program!



Save the Date

Sounds of the Season in May:
Dancing Through the Decades

May 8th

Sunday	Monday	Tuesday	Wednesday
30	31	10:00 Tech Tuesdays * 10:00 Bible Study * 1:00 Tai Chi 2:00 Mobile Chiro., JSM 2:00 Silver Sneakers 3:00 Bingocize, GMM Comm Rm 4:00 LMM Bible Study *	2 9:30 Women's Bible Study, Rec. Center 11:00 Bible Study * 12:00 Men's Pool Group 1:30 Geri-Fit 2:00 Swinging Old Dudes * 2:30 Bingo 3:30 Rummikub
6 2:30 Campus-Wide Worship Service, SI Auditorium	7 10:00 Line Dancing 10:00 Bible Study, Mt. Carmel Chapel 11:00 Bocce/Cornhole 1:30 Geri-Fit 2:00 Meet the Artist, TBA	8 10:00 Tech Tuesdays * 10:00 Bible Study * 3:00 Bingocize, GMM Comm Rm 4:00 LMM Bible Study *	9 11:00 Bible Study * 12:00 Men's Pool Group 1:30 Geri-Fit 2:00 Swinging Old Dudes * 2:30 Bingo 3:30 Rummikub
13 2:30 Campus-Wide Worship Service, SI Auditorium	14 10:00 Line Dancing 10:00 Bible Study, Mt. Carmel Chapel 11:00 Bocce/Cornhole 1:30 Geri-Fit	15 10:00 Tech Tuesdays * 10:00 Bible Study * 10:30 Pace Performers, SI Aud. 1:00 Tai Chi 2:00 Silver Sneakers 3:00 Bingocize, GMM Comm Rm 4:00 LMM Bible Study *	16 9:30 Women's Bible Study Rec. Center 11:00 Bible Study * 12:00 Men's Pool Group 1:30 Geri-Fit 2:00 Swinging Old Dudes * 2:30 Bingo 3:30 Rummikub
20 2:30 Campus-Wide Worship Service, SI Auditorium	21 10:00 Line Dancing 10:00 Bible Study, Mt. Carmel Chapel 11:00 Bocce/Cornhole 3:00 NEW! Intro to Beekeeping	CFA Biscuit preorders * 22 10:00 Tech Tuesdays * 10:00 Bible Study * 10:00 Creation & Contemplation, WC 10:30-3:30 Epic Nacho Tent, WC Parking Lot 1:00 Tai Chi 1:00 Resident Council, WC Chap. 2:00 Silver Sneakers 4:00 LMM Bible Study *	23 9:00 CFA Bisc. p/up, WC 11:00 Bible Study * 12:00 Men's Pool Group 2:00 Swinging Old Dudes * 2:30 Bingo 2:30 How's Your Hearing, JSM 3:30 Rummikub
27 2:30 Campus-Wide Worship Service, SI Auditorium	28 10:00 Line Dancing 10:00 Bible Study, Mt. Carmel Chapel 11:00 Bocce/Cornhole Cornhole Tournament-teams of 2; see ad-pg. 6	29 10:00 Tech Tuesdays * 10:00 Bible Study * 12:00 Lunch & Learn with Dr. Fernicola-Free-see ad pg. 7 1:00 Tai Chi 2:00 Silver Sneakers 4:00 LMM Bible Study *	30 11:00 Bible Study * 12:00 Men's Pool Group 2:00 Swinging Old Dudes *

- All programs are at the Recreation Center unless otherwise noted.
- Is there a program you want to see?! Contact Tyler at 770-703-2730 or tgarcia@christiancity.org with your suggestions and requests.

Thursday	Friday	Saturday
3	4	5
10:00 Chair Yoga 10:00 Bible Study * 1:00 Tai Chi 2:00 Silver Sneakers 4:00 Catholic Service, Mt. Carmel Chapel	10:00 Community Garden Service Day, Comm. Garden 12:00 Line Dancing 1:30 Geri-Cardio 2:00 Slater Jackson, SI Aud. 2:30 Pool Group	
10	11	12
10:00 Chair Yoga 10:00 Bible Study * 7:00 NEW! Legacy Theatre Play; Contact Tyler for details, must RSVP	SRMC Clinic Open! Call 678-364-4422 for appt. 12:00 Line Dancing 12:00 JSM Bible Study, JSM 1:30 Geri-Cardio 2:00 Slater Jackson, SI Aud. 2:30 Pool Group	
17	18	19
10:00 Chair Yoga 10:00 Bible Study * 1:00 Tai Chi 2:00 Silver Sneakers 3:00 Easter Program, SI Aud.	GOOD FRIDAY 12:00 Bible Study, JSM	
24	25	26
10:00 Chair Yoga 10:00 Bible Study * 1:00 Tai Chi 2:00 Silver Sneakers 5:00 Volunteer Banquet - by invitation only, SI Aud.	SRMC Clinic Open! Call 678-364-4422 for appt. 1:00-3:00 All White Party, see ad on page 2 2:00 Slater Jackson, SI Aud.	
1	2	3

*** TUESDAYS:**

Sign up by calling 770-703-2730 for 1:1 help with any technology product.

*** TUESDAYS:**

LMM Bible Study is in the LMM Community Room.

*** TUES./WED./THURS.:**

Bible Study is in the Mt. Carmel Chapel

*** TUESDAY, APRIL 22ND:**

Chick-fil-A Chicken Biscuit preorders \$3.50 by phone to 770-703-2730.

*** WEDNESDAYS:**

2:30 - Swinging Old Dudes is in the SI Auditorium

Contact Campus Patrol for emergency maintenance requests when office is closed.

LEGEND:

HV - Harper Valley;
DC - Dogwood Circle;
AP - Autumn Place;
HA - Hilltop Acres;
LMM - Larry Moore Manor;
JSM - John Sparks Manor;
GT - Garden Terrace;
GMM - Gene Miller Manor



PHILANTHROPY corner

Count Me In!



Spring has sprung and all around us plants are showing signs of renewed life and new growth. Our Thrive Graduate Transition program offers youth a new path in life and helps them grow into productive adults. Thrive is one of our five Children & Family Programs and focuses on assisting young adults ages 18-24 who have aged out of the foster care system or who have found themselves homeless through no fault of their own.

Taylor is an example of a lovely young lady who entered the Thrive program almost two years ago, homeless and with no clear path for her life. With the support of Christian City staff, Taylor has worked hard, saved her money and will graduate from Thrive. She has an apartment and a job. Her future is looking so bright!

Taylor's story could not happen without support and gifts from our donors. We encourage all Christian City residents to get involved in the **Count Me In** program and the CMI Chip-In program.

Thanks to everyone who donated Easter eggs with candy to our children in March. Our April campus service opportunity will be gift card donations to go to our youth who are graduating high school and from the Thrive program in May. When you are out dining or shopping, please pick up a gift card (in any amount) for groceries, clothing or food. These will be so helpful to our youth as they begin to navigate "the real world." You may drop these off at the Welcome Center Monday through Friday between 8:30am and 4:30pm.

We are always accepting cash donations and no amount is too small. Make a one-time gift to earn a CMI chip or become a GEM (Gives Every Month) and earn two CMI chips! Contact Lissa Rand at 770-703-2614 for more information about the **Count Me In/Chip In** program and making a donation.

Call Tyler if you'd like to
host a table!

Mother's Day TEA PARTY



770-703-2730

tgarcia@christiancity.org

CORN HOLE TOURNAMENT

Monday,
April 28
1 pm
Lawn by
Rec Center

TOSS YOUR WAY TO VICTORY



Trophy for Winning Team!

Refreshments, cheering
and fun!

MUST SIGN UP BY APRIL 23

Call/email Tyler
770-703-2730 or

tgarcia@christiancity.org

Teams of 2 will play - sign up
with a partner or we'll pair
you with one

Lunch & Learn

Complimentary Lunch and Learn
with Dr. Justin Fernicola of Hughston Clinic

Tuesday, April 29 at noon in the Rec Center

MUST RSVP to Tyler at 770-703-2730 or tgarcia@christiancity.org by Fri 4/25



Join us for an informational session with Justin P. Fernicola, MD, who focuses on Total Joint Replacement and General Orthopedics. Dr. Fernicola graduated from UGA with A.B.S. in Biology and earned his medical degree from Mercer University School of Medicine. After completing his residency, he served as a team orthopedic physician for multiple high schools in New Jersey. He completed an Adult Reconstruction Fellowship where he received specialty training in hip and knee arthroplasty, before joining Hughston Clinic. He looks forward to discussing operative and nonoperative treatments for hip and knee degenerative joint diseases and answering questions.

Lunch and swag bag provided for registered attendees.



Two Sparrows Welcomes New Staff Member

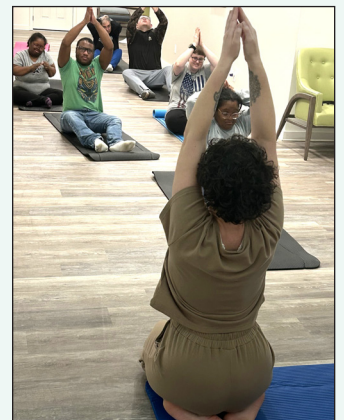
Two Sparrows Village is pleased to welcome **Jana Realbuto** to the flock! Jana is a dedicated yoga teacher and former surgical assistant who has transformed her personal journey into a passionate career helping others. After sustaining a traumatic brain injury (TBI) in a car accident, she faced significant physical and neurological challenges, including the development of a movement disorder. Despite these obstacles, she found strength and resilience through her recovery and now focuses on helping others, particularly those living with autism, neurodivergence, and intellectual and developmental disabilities (IDDs).

Drawing on her healthcare background and lived experience, Jana offers a com-passionate, holistic approach to teaching yoga. She blends her knowledge of anatomy and movement with mindfulness practices to create a supportive, accessible space for our community to improve their physical, emotional, and mental well-being. She is deeply committed to empowering individuals to explore their potential, build strength, and enhance their emotional quotients (EQ).

In addition to her work as a yoga instructor, Jana is currently working towards becoming a Registered

Behavior Technician (RBT), further expanding her ability to support neurodivergent individuals. She also brings experience as a former volunteer therapy dog coordinator, where she managed programs that used the calming and therapeutic presence of therapy dogs to support individuals with various needs, including those with autism and other neuro-divergent conditions.

Her dedication to understanding and meeting the unique needs of our residents and participants is central to her mission of fostering a sense of community, empowerment, and belonging for all. Through her work, she continues to inspire and uplift those she serves, encouraging them to thrive despite life's challenges.



TO CONNECT WITH JANA:

Jana Realbuto, Concierge
jana@twosparrowsvillage.org
(678)519-2040 office (914)260-2549 mobile

The Chaplain's Office



"The tomb is still empty!" That's the good news! This month we get to celebrate the most important event in history, "EASTER." As a child growing up, Easter was just a time when boys wore cute little suits with bow ties and girls wore pretty little dresses with bonnets. Of course, there were Easter baskets with eggs and chocolate bunnies... I still like the chocolate bunnies!

After I became a Christ follower, it was obvious Easter meant much more than that. I finally realized that God wanted a relationship with us. That is why He sent His only Son to give us life, and life more abundantly. The tomb is still empty and that is why we celebrate!

The truth is, "because He lives, we can face tomorrow," and face all the other days that we live here on earth. If you are breathing, then you are living, and hopefully living for the Lord. There is no other life worth living.

Before knowing Jesus as my Lord, I was just breathing and existing. Now, I wake up

(most days) with a sense of purpose and meaning. We were all put on this earth for a reason and not just to take up space and breathe oxygen. God truly has a plan for our lives.

The scripture says in Proverbs 16:9 "The mind of a person plans his way, But the Lord directs his steps."

Let the Lord guide you today to someone who needs encouragement, hope, and remind them that the tomb is still empty!

Be Blessed and be a Blessing!

*The Lord bless you, and keep you;
The Lord cause His face to shine on you,
And be gracious to you;
The Lord lift up His face to you,
And give you peace.' Amen.*

Numbers 6:24-26

God Bless you all,
Chaplain Randy

Randy Worrell, Chaplain and Spiritual Care Officer, may be reached at 770-703-2670 or rworrell@christiancity.org

Save
the
Date

National Day of Prayer - May 1

Mark your calendar for the time we will be praying together in your neighborhood:

Dogwood Circle
Harper Valley
Gene Miller Manor
Hilltop Acres
John Sparks Manor
Autumn Place
Larry Moore Manor

12:00 p.m. in the Gathering Place
1:00 p.m. in the circle
1:30 p.m. in activity area
2:00 p.m. in the Clubhouse
2:30 p.m. in the Lobby
3:00 p.m. in the Clubhouse
3:30 p.m. in the courtyard

