New Path to Be Called Fellowship Bridge

We are excited to announce Fellowship Bridge has been chosen as the name for the new walking trail bridge that connects Hilltop Acres and Dogwood Circle across the wetlands.

The name was chosen from over 40 bridge names submitted by residents and staff. Fellowship Bridge was submitted by Ila Wilson, who lives in Dogwood Circle and has been a resident at Christian City for over 38 years! The 40 submissions were narrowed to five by a committee and then more than 100 votes were cast to select the winner.

Special thanks to Dogwood Circle resident Al Hall. It was Al’s idea to have a bridge naming contest.

Fellowship Bridge will officially open at the end of July. A bridge connecting the two large swaths of campus has been a longtime dream. Keep an eye out for details about the ribbon cutting later this month.

GIVE YOUR OPINION

Christian City is conducting a survey of all independent living residents on campus to measure and assess the level of satisfaction in multiple areas across the campus. We are committed to our residents’ well-being and look forward to your open and honest feedback. Responses will be analyzed and shared later. All independent residents are encouraged to complete the survey. Responses are anonymous. To take the survey, please EITHER scan the QR code below, type in the link: https://www.surveymonkey.com/r/Ccitysatisfaction or contact an Active Senior Living team member at the Welcome Center to obtain a paper copy. Deadline to take survey is July 15.
Emergency Buttons

Every unit on campus has an emergency button and lanyard. These are monitored by Loud Security. They should be used in the event of an emergency (fall, severe health issue when unable to call 911 yourself, etc).

Patio Homes: To use the button in your home, press and hold for 8 seconds. Once pressed, a call will go to Loud Security who then relays the call to 911 services. Once 911 has been alerted, Loud Security alerts Campus Patrol. Keep in mind that your lanyard works in your home/driveway but stop working when you are more than 25 steps away from your house.

Units are tested regularly. Will Garner oversees this system and gets a report every Monday with which units were tested, battery levels, and any alerts. Please contact him at 770-703-2683 with any questions.

Apartments: When you pull the cord in your unit, someone will call the number you have on file to check on you. If you don’t answer, they will call 911 to respond. Please contact your manager with any questions.
So many of you provided cards of encouragement for our children, our graduates and our skilled nursing residents! Each was greatly appreciated and put a smile on the recipient’s face. Thank you for taking the time to be kind is such a wonderful way.

In July, Tyler will be collecting bingo prizes, and you can collect a Count Me In chip! What kind of prizes? Whatever you think you might like to win in a friendly game of bingo at the Rec Center – gift cards, candles, soaps, candy, baseball cap – the possibilities are endless. Dollar General, Dollar Tree, and Walmart have some great and affordable items. Please drop your donation off to Tyler at the Welcome Center and receive your chip!

Keep collecting those CMI chips throughout the year for a chance to win a golf cart in January 2025 as well as other fun prizes!

And… it’s never too late to donate. Make a one-time gift or become a GEM (Gives Every Month) and earn a CMI chip! Contact Lissa Rand at 770-703-2614 for more information about the Count Me In/Chip In program and making a donation.
## July 2024

<table>
<thead>
<tr>
<th>Sunday</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
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<td>30</td>
<td>1</td>
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<tr>
<td>9:00-2:00 Rhinehart Farms Produce Stand, WC Park. Lot 10:00 Line Dancing 10:00 3rd Floor Assisted Living Bible Study 1:30 Geri-fit</td>
<td>10:00 4th Floor Assisted Living Bible Study 1:00 Bible Study, GMM</td>
<td>11:30 Independence Day Cookout (see ad on page 3 for details on this event) NO PROGRAMS TODAY</td>
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<td>2:30 Campus-Wide Worship Service, SI Auditorium</td>
<td>10:00 Line Dancing 10:00 3rd Floor Assisted Living Bible Study 1:30 Geri-fit</td>
<td>10:00 4th Floor Assisted Living Bible Study 10:00 Mobile Chiropractor, JSM 1:00 Bible Study, GMM 1:00 Tai Chi 2:00 Silver Sneakers 3:00 Bingocize, JSM</td>
<td>10:00 Bocce 12:00 Men's Pool Group 1:30 Geri-Fit 2:00 Swinging Old Dudes * 2:30 Bingo 3:30 Hand and Foot</td>
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<td>2:30 Campus-Wide Worship Service, SI Auditorium</td>
<td>9:00-2:00 Rhinehart Farms Produce Stand, WC Park. Lot 10:00 Line Dancing 10:00 3rd Floor Assisted Living Bible Study 1:30 Geri-fit</td>
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<td>2:30 Campus-Wide Worship Service, SI Auditorium</td>
<td>9:00 Eyeglass Clinic, LMM 10:00 Line Dancing 10:00 3rd Floor Assisted Living Bible Study 1:30 Geri-Fit</td>
<td>10:00 4th Floor Assisted Living Bible Study 1:00 Bible Study, GMM 1:00 Tai Chi 1:00 Resident Council, WC Chap. 2:30 Bingo 2:00 Silver Sneakers 3:00 Bingocize, JSM 3:30 Remembrance Service *</td>
<td>10:00 Bocce 12:00 Men's Pool Group 1:30 Geri-Fit 2:00 Swinging Old Dudes * 2:30 Bingo 3:30 Hand and Foot</td>
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<td>28</td>
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<td>2:30 Campus-Wide Worship Service, SI Auditorium</td>
<td>CFA Chicken Biscuit preorders: $3.50 by phone: 770-703-2730 10:00 Line Dancing 10:00 3rd Floor Assisted Living Bible Study 1:30 Geri-fit</td>
<td>9:00 CFA Biscuit pickups, WC 10:00 4th Floor Assisted Living Bible Study 1:00 Bible Study, GMM 3:00 Bingocize, JSM</td>
<td>10:00 Bocce 12:00 Men's Pool Group 1:30 Geri-Fit 2:00 Swinging Old Dudes * 2:30 Bingo 3:30 Hand and Foot</td>
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<td>Thursday (Independence Day)</td>
<td>Friday</td>
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<td>4:00 - 11:00 no programs</td>
<td>5:00 - 12:00 Bible Study, JSM</td>
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<td>11:00 Tech Thursdays*</td>
<td>12:00 Line Dancing</td>
<td>1:00 Women's Pool Group</td>
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<td>12:00 Bible Study, JSM</td>
<td>1:00 Women's Pool Group</td>
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<td>2:00 Silver Sneakers</td>
<td>2:00 Slater Jackson, SI Auditorium</td>
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<td>3:00 Silver Sneakers</td>
<td>2:30 Pool Group</td>
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<td>10:00 3rd Floor Assisted Living Bible Study</td>
<td>10:00 Mandatory Garden Club Meeting</td>
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<td>11:00 Tech Thursdays*</td>
<td>1:00 Tai Chi</td>
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<td>12:00 Bible Study, JSM</td>
<td>2:00 Silver Sneakers</td>
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<td>1:00 Tai Chi</td>
<td>3:00 People's Club</td>
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<td>2:00 Silver Sneakers</td>
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**TUESDAY, JULY 23:** 3:30pm Remembrance Service is in the SI Auditorium.

**WEDNESDAYS:**
2:30 - Swinging Old Dudes is in the SI Auditorium

**THURSDAYS:**
Sign up by calling 770-703-2730 for 1:1 help with any technology product.

**Weekly Programs**
- All programs are at the Recreation Center unless otherwise noted.
- Is there a program you want to see? Contact Tyler at 770-703-2730 with your suggestions and requests.

**Legend:**
- HV - Harper Valley
- DC - Dogwood Circle
- AP - Autumn Place
- HA - Hilltop Acres
- LMM - Larry Moore Manor
- JSM - John Sparks Manor
- GT - Garden Terrace
- GMM - Gene Miller Manor

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- 1:00 Women's Pool Group
- 2:00 Slater Jackson, SI Auditorium
- 2:30 Pool Group
- **10:00 3rd Floor Assisted Living Bible Study**
- **11:00 Tech Thursdays**
- **1:00 Tai Chi**
- **2:00 Silver Sneakers**
- **3:00 People's Club**
NEW LIFE ON THE BOCCE COURT
Residents are enjoying bocce again thanks to volunteers who refreshed the court adjacent to the Rec Center. The courts were looking ragged after the winter but are now in perfect condition for a friendly game.

Thank you for Supporting Graceland Thrift Store and Christian City’s Children & Family Programs

STORE HOURS:
Tuesday, Thursday & Saturday
9:30am-2:30pm

GOODIE HOUSE HOURS:
Thursdays: 10:30am-12pm

In observance of July 4th Graceland will be Closed Thursday, July 4th. We will reopen for donations only on Friday, July 5, and we will reopen for shopping on Saturday, July 6. We hope everyone has a Safe and Happy Fourth of July!

If you have clothing items, small appliances, and household items we ask that you please bring them to Graceland during our donation hours: Tuesday- Saturday from 9:30am-1:30pm. Furniture pick up on Fridays only and by appointment. To schedule a pickup call Michelle at 770-629-7718. Leave a voicemail with your name and phone number.

Profits support Christian City's Children & Family Programs
7425 Red Oak Rd. • Union City, GA 30291 • 770-629-7718
Volunteer Spotlight: Sally Ford

Sally Ford has been an incredible addition to the Christian City community. Officially, she volunteers as an instructor for Geri-Cardio and bocce.

Unofficially, she’s a cheerleader for the Campus Recreation programs and has gotten people across the campus involved and excited about programs. She has a combination of knowledge, passion, and enthusiasm that combined with a sweet spirit makes an excellent volunteer!

When she’s not “playing around” with the rec department, Sally volunteers at Graceland. She always has a positive attitude and smile on her face. She helps everywhere! In the store and back in our donation processing area, she sorts and hangs up clothes and tags them to get ready to go out in the store. Out on the floor, she puts out new merchandise and helps at the register. Graceland sends a big Thank You to Sally for her hard work and dedication willing to do whatever needs to be done to help Graceland be successful.

Christian City Teen Board is Taking Applications!

Do you have a grandchild, family friend, a youth at church, or know any teen who you think would be interested in joining the Christian City Teen Board?

We are preparing for our sixth year for the Christian City Teen Board, and applications are open now through September 30, 2024. Members learn about Christian City’s mission and what we do to help children in crisis. The board provides opportunities to get involved, learn how nonprofits work, and contribute to the greater Atlanta community.

Please have teen applicants contact Lissa Rand at erand@christiancity.org or simply fill out the online application on our website at www.christiancity.org/teen-board/.
The great composer Beethoven was not known as a “people person.” The loss of hearing later in his life amplified his frustrations with social interaction, as it became difficult to even carry on a conversation.

There’s told a story that, having heard about the death of a dear friend’s son, Beethoven rushed to his friend’s side. He found it very difficult to express any words, especially in such a moment. Burdened by frustration and the weight of his friend’s loss, Beethoven went to the piano that was in the home. For over an hour, he poured out his feelings into the music he played. As he finished, Beethoven quietly left his friend’s home. The family later shared that no message of comfort was more valuable to them than the music played in that dark moment.

We’ve all said the words, “I just didn’t know what to say,” when trial or tragedy strikes those we know. Truth be known, we are also just very uncomfortable in such situations - and so we avoid them. The Scriptures speak clearly of God’s desire for us to comfort one another. Paul gives the admonition to “rejoice with those who rejoice, weep with those who weep.”

This speaks of relationship. We are designed to live in relationship with each other – to share the living of our lives, in both joy and sorrow. When it comes to the trials and losses of others, we tend to be more comfortable with either avoiding the situation, or trying to “solve the problem” by offering advice.

But to bring true comfort, we need to exercise empathy. Empathy is the ability to be aware of and sensitive to the situation and feelings of others. To enter beside another – not to offer platitudes and advice, but to be present with them in their grief and pain. Showing empathy will have us sharing words of understanding and acceptance. It will also have us giving a listening ear or sharing a time of silence. Those suffering do not so much remember what you said as they will remember that you were there, that you sought to understand and that you truly listened.

God’s love allows us to see each other with His heart. And, as we allow His heart to direct us, we can reflect that love in our concern and care for others.

Carl

Carl Ryden, Chaplain and Spiritual Care Officer, may be reached at 770-703-2670 or carlr@pruitthealth.com

SERVICE OF REMEMBRANCE

A Remembrance Service honoring our residents who passed from March to June 2024.
Please join us Tuesday, July 23 in the Sparks Inn Auditorium at 3:30 pm, as we remember:

Priscilla Adams
Gloria Alexander
Carrie Alston

Carol Bochat
Margaret Couch
Anthony Dixon
Patricia Evans

Queen E. Goodman
Eva Green
Kenneth Hansard
Diana Jennings

Pearlie McCrimmons
Pamela Minor
Douglas Morrison
Mary Morton

Charlotte M Parker
Floyd Warner
Julianne Wright

We hope you can join us for this special celebration, and we ask that you please RSVP to 770-703-2670 or Kimberly.Bunch@pruitthealth.com.