

CHRISTIAN CITY

Your
partyline
connection!

April 2024, Senior Living Newsletter



It Takes a Village to be Christian City

It's no secret that Christian City is a unique place to call home! For folks who have retired to our 500-acre campus, it offers a safe, affordable,

and friendly place to live. Christian City is not just a retirement community. It was founded almost 60 years ago as a refuge for children without homes or families.

Over those six decades, it has grown into the amazing organization you see today: a campus filled with life and love, offering community and support to vulnerable youth and families as well as to those over 62, disabled, or in need of rehab services.

A sense of community is a key hallmark of life at Christian City. Among the many ways to participate on campus is our volunteer program which offers residents the opportunity to become engaged in meaningful ways. About 80% of all volunteers at Christian City are residents, including retirees and our

youth. They can welcome desks and help with administrative tasks, keep Graceland stocked and ready for customers, help put on special events across campus, and support the Chaplain's office.

Volunteering is good for you. Research shows that volunteers over 55 years old report decreases in anxiety and depression, loneliness, and social isolation. They also report enhanced physical capacity and higher life satisfaction.

Staff across our campus know that Christian City couldn't do all that we do as a community without our volunteers. April is Volunteer Appreciation Month, and it is a good time to not only thank those who give their time to make our community a better place, but also for those who aren't volunteering to consider if they might like to.

If you have questions about volunteering, please reach out to Volunteer Coordinator Elizabeth Mansour at emansour@christiancity.org.





SPRING FLING!

at GRACELAND THRIFT STORE

CONCESSIONS: Hot Dogs, Coleslaw, Chili, Nachos and Cheese, Chips, Cookies, and Drinks

PARKING will be on the ball field - Gate will open at 9:00; Store will open at 9:30am

PLEASE NOTE: Graceland will be closed April 29th - May 3rd to prepare for the May 4th Spring Fling.

THANK YOU for your support!
All proceeds benefit our Children's Village.

*May 4th
9:30am - 2:30pm*

7425 Red Oak Road • Union City, GA 30291 • 770-629-7718

Thank you for Supporting Graceland Thrift Store and Christian City's Children & Family Programs

STORE HOURS:

Tuesday, Thursday & Saturday
9:30am-2:30pm

GOODIE HOUSE HOURS:

Thursdays: 10:30am-12pm

Please bring clothing and small appliance donations to Graceland during our donation hours, Tues - Sat, 9:30am-1:30pm.

If you need to schedule a furniture pick up, please call Michelle at 770-629-7718.

Pickups by appointment only.

*Profits support Christian City's Children & Family Programs
7425 Red Oak Rd. • Union City, GA 30291 • 770-629-7718*



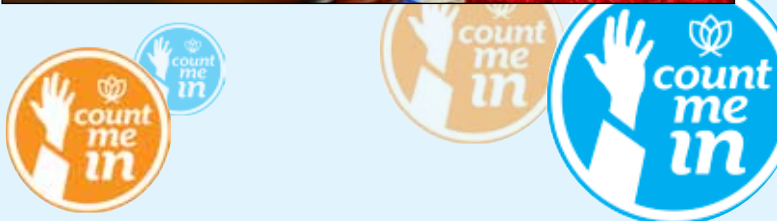


The first quarter of 2024 has already come and gone, but you still have 3 more quarters to participate in the **Count Me In** program and earn chips. Thanks to all of you who donated to our fundraising campaign, participated in our various activities, and brought in Easter eggs as our March service project.

Our **Count Me In** service project for April is stocking the Rec Center. Tyler asks for clear silverware, clear sturdy plastic plates, rectangle plastic tablecloths, and white napkins. Any of these items can be dropped off at the Welcome Center throughout the month of April to earn a CMI chip.

Keep collecting those CMI chips throughout the year for a chance to win a golf cart in January 2025 as well as other fun prizes!

And... it's never too late to donate. Make a one-time gift or become a GEM (Gives Every Month) and earn a CMI chip! Contact Lissa Rand at 770-703-2614 for more information about the **Count Me In/Chip In** program and making a donation.





April 2024

Sunday	Monday	Tuesday	Wednesday
31	1	2	3
	10:00 Line Dancing 10:00 3rd Floor Assisted Living Bible Study 11:30 LMM Bible Study * 1:30 Geri-Fit	10:00 4th Floor Assisted Living Bible Study 11:00 Tech Tuesdays * 3:00 Bingocize <i>LMM Activity Rm.</i>	9:30 Women's Bible Study, <i>Rec Center</i> 12:00 Men's Pool Group 1:30 Geri-Fit 2:00 Swinging Old Dudes * 2:30 Bingo 3:30 Board/Card Games 5:00 LMM Bible Study *
7	8	9	10
2:30 Campus-Wide Worship Service, <i>SI Auditorium</i>	10:00 Line Dancing 10:00 3rd Floor Assisted Living Bible Study 11:30 LMM Bible Study * 1:30 Geri-Fit 2:30 Eclipse Viewing, <i>Lawn outside the RC</i>	10:00 4th Floor Assisted Living Bible Study 11:00 Craft Class 11:00 Tech Tuesdays * 1:00 Tai Chi 2:00 Silver Sneakers 3:00 Bingocize <i>LMM Act. Rm.</i>	12:00 Men's Pool Group 1:30 Geri-Fit 2:00 Swinging Old Dudes * 2:30 Bingo 3:30 Board/Card Games 5:00 LMM Bible Study *
14	15	16	17
2:30 Campus-Wide Worship Service, <i>SI Auditorium</i>	10:00 Line Dancing 10:00 3rd Floor Assisted Living Bible Study 11:30 LMM Bible Study * 1:30 Geri-Fit CFA Chicken Biscuit preorders: \$3.50 by phone: 770-703-2730	9:00 CFA Biscuit pickups 10:00 4th Floor Assisted Living Bible Study 11:00 Tech Tuesdays * 1:00 Tai Chi 2:00 Silver Sneakers 3:00 Bingocize <i>LMM Act. Rm.</i> 8:00 Southside Theater Free Night: <i>A Time to Kill</i> 7:00 Union City State of the Union Address: <i>Benjamin Banneker HS</i>	9:30 Women's Bible Study, <i>Rec Center</i> 12:00 Men's Pool Group 1:30 Geri-Fit 2:00 Swinging Old Dudes * 2:30 Bingo 3:30 Board/Card Games 5:00 LMM Bible Study *
21	22	23	24
2:30 Campus-Wide Worship Service, <i>SI Auditorium</i>	10:00 Line Dancing 10:00 3rd Floor Assisted Living Bible Study 11:30 LMM Bible Study *	10:00 4th Floor Assisted Living Bible Study 1:00 Tai Chi 1:00 Resident Council * 2:00 Silver Sneakers 3:30 Remembrance Service, <i>SI Auditorium</i>	12:00 Men's Pool Group 2:00 Swinging Old Dudes * 5:00 LMM Bible Study *
28	29	30	1
2:30 Campus-Wide Worship Service, <i>SI Auditorium</i>	10:00 Line Dancing 10:00 3rd Floor Assisted Living Bible Study 11:30 LMM Bible Study *	10:00 4th Floor Assisted Living Bible Study 1:00 Tai Chi 1:00 Resident Council * 2:00 Silver Sneakers	

- All programs are at the Recreation Center unless otherwise noted.
- Is there a program you want to see?! Contact Tyler at 770-703-2730 with your suggestions and requests.

Thursday	Friday	Saturday
4	5	6
9:00-2:00 Rhinehart Farms Produce Stand , WC Park. Lot 10:00 3rd Floor Assisted Living Bible Study 3:00 GriefShare, WC Chapel 3:45 Catholic Service, Mt. Carmel Chapel	12:00 Line Dancing 1:30 Geri-Cardio 2:00 Slater Jackson, SI Auditorium 2:30 Pool Group	1:00 Women's Pool Group
11	12	13
10:00 3rd Floor Assisted Living Bible Study 1:00 Tai Chi 2:00 Silver Sneakers 3:00 GriefShare, WC Chapel	12:00 Line Dancing 2:00 Slater Jackson, SI Auditorium 2:30 Pool Group	1:00 Women's Pool Group
18	19	20
9 - 2 Rhinehart Farms Produce Stand , WC Park. Lot 10:00 3rd Floor Assisted Living Bible Study 1:00 Tai Chi 2:00 Silver Sneakers 3:00 Wills, Trusts, Estate Planning, JSM 3:00 Bingocize, LMM 3:00 GriefShare, WC Chapel	12:00 Line Dancing 1:30 Geri-Cardio 2:00 Slater Jackson, SI Auditorium 2:30 Pool Group	1:00 Women's Pool Group
25	26	27
10:00 3rd Floor Assisted Living Bible Study 1:00 Tai Chi 2:00 Silver Sneakers 3:00 GriefShare, WC Chapel	12:00 Line Dancing 1:30 Geri-Cardio 2:00 Slater Jackson, SI Auditorium 2:30 Pool Group	1:00 Women's Pool Group
2	3	4

*** MONDAYS:**
11:30 - LMM Bible Study meets in the LMM Community Room.

*** TUESDAYS:**
Sign up by calling 770-703-2730 for 1:1 help with any technology product.

*** TUESDAY, APRIL 23:**
1:00 - Resident Council meets in the WC Chapel

*** WEDNESDAYS:**
2:30 - Swinging Old Dudes is in the SI Auditorium

*** WEDNESDAYS:**
5:00 - LMM Bible Study meets in the LMM Community Room.

LEGEND:
HV - Harper Valley;
DC - Dogwood Circle;
AP - Autumn Place;
HA - Hilltop Acres;
LMM - Larry Moore Manor;
JSM - John Sparks Manor;
GT - Garden Terrace;
GMM - Gene Miller Manor



Spring Health Fair

SAVE THE DATE
Friday, May 10

Free Health Screenings & Information

Blood Pressure
Diabetes
Cholesterol
and more....




SAVE THE DATE
Sunday, June 2



Sounds of the
season
CHRISTIAN CITY

save the date Friday, May 17th

Mother's Day Tea



2024

CALENDAR YEAR

APRIL

CALENDAR MONTH

Christian City Shuttle Bus Schedule

To Reserve your spot, call your Resident Service Coordinator

Monday	Tuesday	Wednesday	Thursday
01	02	03	04
10am -- Walmart 1:15 -- Geri-Fit	9:30am -- SWCC New Day 10:30am -- Dollar Tree & Graceland Thrift Store 1:30 pm -- SWCC Pick up	9:30am -- SWCC New Day 10:30 -- Kroger 1pm -- SWCC Pick up	9:30am -- Produce Stand and Graceland Thrift Store 11:30 -- Fayette Pavilion
08	09	10	11
10am -- Library 1:15 -- Geri-Fit 2pm -- Eclipse Viewing	9:30am -- SWCC Daybreak 10:30am -- Walgreens/CVS/Banks 1:30 -- SWCC Pick up	9:30am -- SWCC New Day 10:30 -- Kroger 1pm -- SWCC Pick up	9am--Walmart 11:30 Lunch -- Green Manor Resturant
15	16	17	18
10am -- Walmart 1:15 -- Geri-Fit	9:30am -- SWCC Daybreak 1:30 -- SWCC Pick up 2pm -- Kroger 4pm -- Walmart 7:00pm Southside Theater	9:30am -- SWCC New Day 10:30 -- Dollar Tree 1pm -- SWCC Pick up	9:30am -- Produce Stand and Graceland Thrift Store 11:30 -- Kroger
22	23	24	25
10am -- Library 1:15 -- Geri-Fit	9:30am -- SWCC New Day 10:30am -- Dollar Tree & Graceland Thrift Store 1:30 pm -- SWCC Pick up	9:30am -- SWCC New Day 10:30 -- Kroger 1pm -- SWCC Pick up	9am -- Walmart 11:30 Lunch -- Fried Tomato Buffet
29	30	01	02
10am -- Walmart 1:15 -- Geri-Fit	9:30am -- SWCC New Day 10:30am -- Walgreens/CVS/Banks 1:30 pm -- SWCC Pick up	9:30am -- SWCC New Day 10:30 -- Kroger 1pm -- SWCC Pick up	9am -- Kroger 11:30 Lunch -- Hanna Bro Studio Cafe

To Reserve your spot, contact your Resident Service Coordinator
 Garden Terrace - Larry Moore Manor- John Sparks Manor -- Nakia Richardson -- (770) 964-0051
 Gene Miller Manor -- Jasmine Harris (770) 969-2121
 Sparks Inn -- (478) 444-5513 Life Lease Patio Homes -- (770) 703-2683

LIFE LEASE


REFERRAL PROGRAM

Refer family and friends and receive a \$500 Visa gift card.

DETAILS:
 Lease must be signed between
March 1 – Sept. 30, 2024.
 Your family member and/or friend must tell Community Manager Kim Williams who referred him/her when they schedule their appointment.
Once the lease is signed you will receive the gift card.

WILLS, TRUSTS ESTATE PLANNING

Thursday, April 18 at 3:00 pm
John Sparks Manor



The Chaplain's Office



I really love the “feel” of things at this time of year – I really do! At my house, we have had our windows open with the warmer days, the birds have returned to our bird feeders, my tomatoes will be planted soon, and Patty is planning her flower bed...so many things! Change! It’s all around us. You’ve felt it, haven’t you? The cool mornings and evenings, the breezy, clear days.... It really is a wonderful time! Change can bring such blessings...

There are other times where it is not as easy to see value in the change we experience. Our orientation shifts, seeing change in a very different light. We hold to a negative view of life with change. Change is seen as something to be resisted – a threat to our desired equilibrium.

The truth is, very few things are of more import to life’s meaning than having change – throughout all the “seasons of life.”

Change is the very nature of life – “In the beginning God created...” From the very first day, change brought meaning and significance. The only changeless state in our life is death – to live is to have change. And that is good!! The idea that the future can be different in some way from the present is the fabric on which we hang our lives – here is the basis for our goals, our desires, our hopes.... We know what it is to treasure things because we only have them for a time.

Change can bring difficulty and pain. It can hurt. There are times when we have trouble making sense of change and adjusting to it. Our earthly journey is incomplete and marred. Yet we are sustained and comforted, holding to God’s sure promises that, even in those troubling times, He will “work for the good” as we move through trials. Our hope is sure! Change is a given part of life. Either we can fight change at every junction of life, or we can move through all the changes life brings with a hope and a reliance that God will move. With it, may we go with the changes that are life – shaping and using them. Finding the value in them.

Here are a few ideas to think about:

- Expect change as a part of life and anticipate it.
- Reflect on the blessings in your life that change has brought.
- See change as an opportunity in a new situation.
- When change comes, embrace it!
- When change comes hard and fast, remember that God, who is unchanging, is with you and will see you through!

May we all enjoy the fresh, new breeze...

Carl

Carl Ryden, Chaplain and Spiritual Care Officer, may be reached at 770-703-2670 or carlr@pruitthealth.com

SERVICE OF REMEMBRANCE

We would like to invite you to the Remembrance Service honoring our residents who passed from January to March 2024. Please join us Tuesday, April 23, in the Sparks Inn Auditorium at 3:30 pm, as we remember:

*Lucinda Adams
Errol Archibold
Loetta Benton
Cal Bolling
Juanita Bryant*

*Carol Clark
Ivery Duhart
Barbara Dunson
Adele Fennell
Dolores Ferguson*

*Fonzella Hazzle
Christy Hoover
Arlene Johnson
Kathryn Kelley
Willie Koetje*

*Janet Mashburn
Victoria Moreira
Eleanor Morris
Douglas Morrison
Kay Parker*

*Doris Thornton
Cynthia Wallace
June Ward
Geraldine Williams
Walter Wilson*