



Christmas at Christian City

Enjoy some photos of the various events which took place in December at Christian City. From the tree lighting and the Santa stroll to luncheons and special music, a good time was had by all!





Graceland celebrates its 40th birthday this spring so it seems the perfect time to remember the importance of the thrift store is the mission of Christian City. The store exists to raise money to support our programs for children and families. This year, Graceland is expected to exceed its project profits of \$45,000! That's a lot for a shop that is run almost entirely by volunteers.

Graceland has one full time staff member, Michelle Gardner, who manages everything with three part-time staffers. Together they sort, classify, price and stage every single item that is donated. Another way to think of it is that every item donated has been "touched" by a staff member or volunteer FOUR times before it is purchased - then, of course, it is "touched" again at check out. On average, between 200-300 customers visit Graceland each month purchasing 200 pieces of clothing or other items every day the shop is open! "We strive to keep our items at a reasonable price for our customers," Michelle said.

In May 1984, retired houseparent Grace Dukes began having Saturday yard sales to benefit the Children's Village. Everything was 25 cents. It wasn't long before a storefront was envisioned. Truett Cathy, founder of Chick-fil-A, was

volunteering one day, and realized a building was needed. A phone call later, the building that now sits on our campus was conceived.

Lots of people think Graceland is named after that famous home in Memphis. In fact, Graceland is named in honor of its founder Mama Grace for her love of the kids and support of the ministry of Christian City. "Today we still run Graceland like Mama Grace did, with a heart for people, and all of our proceeds go to help our children in the Children's Village," Michelle said.

Graceland is open for shopping Tuesday, Thursday and Saturday from 9:30 am until 2:30 pm.

The rest of the week is for processing donations of every sort. If you haven't visited Graceland, be sure to drop by and say hi to Michelle. And Graceland can always use donations and volunteers!



Thank you for Supporting Graceland Thrift Store and Christian City's Children & Family Programs

STORE HOURS:

Tuesday, Thursday & Saturday
9:30am-2:30pm

GOODIE HOUSE HOURS:

Thursdays: 10:30am-12pm

Graceland will be closed:

- **Tuesday, January 2, 2024**, in observance of New Year's. We will reopen for shopping on Thursday, January 4, at 9:30 am.
- **Tuesday, January 16**, in observance of the Martin Luther King holiday and will reopen for shopping on Thursday, January 18, at 9:30 am.

Please bring clothing and small appliance donations to Graceland during our donation hours, Tues - Sat, 9:30am-1:30pm. If you need to schedule a furniture pick up, please call Michelle at 770-629-7718. Pickups by appointment only.

Profits support Christian City's Children & Family Programs
7425 Red Oak Rd. • Union City, GA 30291 • 770-629-7718





PHILANTHROPY corner

Count Me In!

Thank you to the following for representing your neighborhood on our newly formed **Count Me In** committee. We still need

some Dogwood Circle reps!

Harper Valley – Debo O’Neal, Barbara Crosland

Hilltop Acres – Donald Lowe, Susan Floyd

Autumn Place – CB Glover, Alice Morrison, Sally Ford



If you would like to serve, contact Lissa Rand at 770-703-2614.

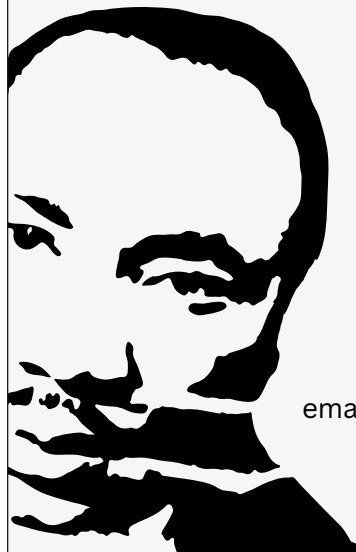
Our committee’s purpose is to expand our **Count Me In** resident and employee giving campaign. We want all our residents to become more involved on campus through volunteering, participating in events, and donating.

And speaking of volunteering, our annual MLK, Jr. Day of Service is Monday, January 15. Groups will come together across the Christian City campus for various service projects, and it would be great if our residents would join in! Volunteerism can improve your health, relationships, and skillsets. According to the National Institute on Aging, volunteering can lower your risk of dementia and other health issues! If you would like to join one of our volunteer teams, contact Elizabeth Mansour at 770-466-1093.

Coming soon: February 1-14 will be our **Count Me In** fundraising campaign. Look for more information coming soon!

Dr. Martin Luther King Jr Day of Service January 15, 2024

Volunteers will be on campus to assist us -
if you have a project in your home you’d
like help with contact Elizabeth.



**You can also
volunteer!**
Join staff and
corporate volunteers
in two shifts:
9am-Noon or 1-4 pm

Elizabeth Mansour
emansour@christiancity.org
678-466-1093



Find encouragement, comfort
and help in moving through your
loss, discover the new normal in
your life, and renew your hope
for the future.

GriefShare is a 12-week grief support
program for those who have recently lost a
loved one.

New group begins in February.
Contact the Spiritual Care office for
more information:
770-703-2670

Sunday	Monday	Tuesday	Wednesday
31	1	2	3
	NEW YEAR'S DAY No Programs	10:00 4th Floor Assisted Living Bible Study 11:00 Tech Tuesdays *	9:30 Women's Bible Study, <i>Rec Center</i> 12:00 Men's Pool Group 2:00 Swinging Old Dudes * 2:30 Bingo 3:30 Board/Card Games 5:00 LMM Bible Study *
7	8	9	10
2:30 Campus-Wide Worship Service, <i>SI Auditorium</i>	10:00 Line Dancing 10:00 3rd Floor Assisted Living Bible Study 11:30 LMM Bible Study, <i>LMM Community Room</i>	10:00 4th Floor Assisted Living Bible Study 11:00 Chiropractor, <i>JSM</i> 11:00 Tech Tuesdays * 1:00 Tai Chi 2:00 Silver Sneakers	9:30 Women's Bible Study, <i>Rec Center</i> 12:00 Men's Pool Group 2:00 Swinging Old Dudes * 2:30 Bingo 3:30 Board/Card Games 5:00 LMM Bible Study *
14	15	16	17
2:30 Campus-Wide Worship Service, <i>SI Auditorium</i>	MLK DAY No Programs MLK Day of Service; <i>Contact Elizabeth Mansour for details</i>	10:00 4th Floor Assisted Living Bible Study 11:00 Tech Tuesdays * 1:00 Tai Chi 2:00 Silver Sneakers	9:30 Women's Bible Study, <i>Rec Center</i> 12:00 Men's Pool Group 2:00 Swinging Old Dudes * 2:30 Bingo 3:30 Board/Card Games 5:00 LMM Bible Study *
21	22	23	24
2:30 Campus-Wide Worship Service, <i>SI Auditorium</i>	10:00 Line Dancing 10:00 3rd Floor Assisted Living Bible Study 11:30 LMM Bible Study, <i>LMM Community Room</i> 12:00 Arts ALLiance Info. Meeting 1:30 Geri-Fit	10:00 4th Floor Assisted Living Bible Study 11:00 Tech Tuesdays * 1:00 Tai Chi 1:00 Resident Council, <i>WC Chapel</i> 2:00 Silver Sneakers	9:30 Women's Bible Study, <i>Rec Center</i> 12:00 Men's Pool Group 1:30 Geri-Fit 2:00 Swinging Old Dudes * 2:30 Bingo 3:30 Board/Card Games 5:00 LMM Bible Study *
28	29	30	31
2:30 Campus-Wide Worship Service, <i>SI Auditorium</i>	10:00 Line Dancing 10:00 3rd Floor Assisted Living Bible Study 11:30 LMM Bible Study, <i>LMM Community Room</i> 1:30 Geri-Fit CFA Chicken Biscuit preorders: \$3 by phone at 770-703-2730	9:00 CFA Chicken Biscuit pickups, <i>WC Lobby</i> 10:00 4th Floor Assisted Living Bible Study 11:00 Tech Tuesdays * 1:00 Tai Chi 2:00 Silver Sneakers	9:30 Women's Bible Study, <i>Rec Center</i> 12:00 Men's Pool Group 1:30 Geri-Fit 2:00 Swinging Old Dudes * 2:30 Bingo 3:30 Board/Card Games 5:00 LMM Bible Study *

- All programs are at the Recreation Center unless otherwise noted.
- Is there a program you want to see?! Contact Tyler at 770-703-2730 with your suggestions and requests.

Thursday

Friday

Saturday

4

10:00 3rd Floor Assisted
Living Bible Study
1:00 Tai Chi
2:00 Silver Sneakers
3:45 Catholic Service *

5

2:00 Slater Jackson,
SI Auditorium
2:30 Pool Group

6

1:00 Women's Pool Group

11

10:00 3rd Floor Assisted
Living Bible Study
1:00 Tai Chi
2:00 Silver Sneakers
2:00 Demo Day; See ad on
page 6 for details
3:45 Catholic Service *

12

2:00 Slater Jackson,
SI Auditorium
2:30 Pool Group

13

1:00 Women's Pool Group

18

10:00 3rd Floor Assisted
Living Bible Study
1:00 Tai Chi
2:00 Silver Sneakers
3:45 Catholic Service *

19

2:00 Slater Jackson,
SI Auditorium
2:30 Pool Group

20

1:00 Women's Pool Group

25

10:00 3rd Floor Assisted
Living Bible Study
1:00 Tai Chi
2:00 Silver Sneakers
3:45 Catholic Service *

26

1:30 Geri-Cardio
2:00 Slater Jackson,
SI Auditorium
2:30 Pool Group

27

1:00 Women's Pool Group

1

2

3

* TUESDAYS:

Sign up by calling
770-703-2730 for
1:1 help with any
technology product.

* WEDNESDAYS:

LMM Bible Study
is in the LMM
Community Room.

* WEDNESDAYS:

2:30 - Swinging Old
Dudes is in the SI
Auditorium

* THURSDAYS:

3:00 - Catholic
Service is in the Mt.
Carmel Chapel

LEGEND:

HV - Harper Valley;
DC - Dogwood Circle;
AP - Autumn Place;
HA - Hilltop Acres;
LMM - Larry Moore
Manor;
JSM - John Sparks
Manor;
GT - Garden Terrace;
GMM - Gene Miller
Manor



Geri-Fit Begins Anew

Have fun rebuilding your strength with Geri-Fit - a weight lifting class that is suitable for any age, any fitness level, and any ability. Most exercises are done from a chair. Wear comfy clothes and supportive shoes.

**Mondays + Wednesdays at 1:30 pm
beginning Jan. 22**

**Completed first
class? More
advanced class
with cardio on
Friday's at 1:30 pm**

DEMO DAY: RECREATION

**Thursday, Jan. 11
2 pm at the Rec Center**

Experience our fitness classes and meet the instructors for Tai Chi, Silver Sneakers, Line Dancing, Geri-Fit and water aerobics.

Blood pressure monitoring & fun giveaways.

Transportation provided upon request.



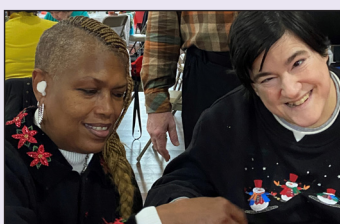
TRANSPORTATION HELP

Christian City received a grant again from the Catholic Foundation of North Georgia to provide assistance to seniors for transportation to medical appointments. ALL Christian City independent living residents are eligible to participate in this program. Beginning January 1, Christian City will reimburse up to \$100 a month for qualifying medical transport. This can be an Uber/Lyft to a doctor's appointment, medical transport to dialysis, reimbursement for mileage driven in your personal vehicle, etc.

To receive reimbursement, contact your Service Coordinator (apartments) or Tyler Garcia (patio homes). Receipts and demographic information will be collected. This is available until grant funds run out. Contact Tyler Garcia at 770-703-2730 with questions.

Holiday Celebration by Two Sparrows Village

Two Sparrows Village at Christian City, in partnership with SageNavigator and other corporate and community partners, celebrated the true reason for the season! Check out the fun and enriching experiences all had while reducing the risk of social isolation. For some, the holidays bring bouts of depression. Too often older adults' family members are at a distance and cannot celebrate with them. Therefore, to mitigate social isolation, depression, and simply to spread joy and love for our neighbors, Two Sparrows Village brought holiday cheer to their neighbors at Christian City.



Pace School Singers Holiday Concert at Christian City



The Chaplain's Office



As believers, a New Year brings with it a renewed dedication to finding God's directing in our lives. A worthy pursuit... There goes the story of a "stout" man who stopped by the bakery every day on his way to work to pick up goodies for the staff coffee break. This practice was scrapped when the man went on a diet. One day, he had to drive by the bakery on a work-related errand. As he approached the old bakery, he said to himself, "Maybe God wants me to stop by the bakery this morning and pick up some goodies for the office." So, he told the Lord that he would only stop if He made a parking spot available right in front of the bakery. And, sure enough, there it was, a parking spot, right in front of the bakery – on his eighth trip around the block!

As those who love God, we desire to do His will in our lives. If we are honest, though, we often think that we have a pretty good idea of what God's will is going to be in a particular situation, and it just happens to be in agreement with what we think is best.

We may go to great effort and creativity to make sure that our own desire and God's will are the same.

God wants us to actively seek growth and pursue finding His guidance. It is not for us to remain passive. And while He may, at times, directly give us special revelation, finding God's will comes about incrementally as we seek it day by day.

And as we seek that day-by-day guidance, we need to be intentional to consciously "seek first" God's agenda for our lives and not substitute our own will for His. The results that He desires, along with the secure satisfaction and peace we seek, can only be fully realized when we surrender ourselves, embrace His guiding hand; all the while trusting in His provision. Day by day, moment by moment, choice by choice...

Carl

Carl Ryden, Chaplain and Spiritual Care Officer, may be reached at 770-703-2670 or carlr@pruitthealth.com

Service of Remembrance

We would like to invite you to the Remembrance Service honoring our residents and employee partners who passed from mid-September to mid-December 2023. Please join us Tuesday, January 23, 2024 in the Sparks Inn Auditorium at 3:30 pm, as we remember:

Faye Bayless
Gabriel Beckley
Eugene Bernabela
Mary Bowden
Catherine Brassell

Ellis Brookings
Ernestine Brown
Marie Buskey
Ozzie Davis

Paul Hughes
Eddie Madaris
Carolyn Martin
William Mitchell
Nga Nguyen

Betty Parkman
Teresa Pollock
Eva Scott
Evelyn Thomas

Eleanor Townsend
Sallie Warner
Phyllis Wells
Rebecca Wilson
Retha Zimmerman